



Foot parts

Habansin

1. Reverse Foot sword (Balkal Dung)
2. Inner Ankle Joint (An Balmok Gwanjol)
3. Inner Tibia (An Gyungol)
4. Toes (Balkut)
5. Instep (Baldung)
6. Tibia (Gyungol)
7. Outer Tibia (Bakat Gyungol)
8. Achilles Tendon
9. Back Heel (Dwichook)
10. Foot sword (Balkal),
11. side instep yop balding
12. Outer Ankle Joint (Bakat Balmok Gwanjol)
13. Ball of the foot (Apkumchi),
14. side sole – yop bal badok
15. Back sole (Dwitkumchi)

